

# Zachary M. Rausch

339 #A Beacon Street  
Somerville, MA, 02143  
(860) 930-9565  
rausch.zach@gmail.com

## EDUCATION

**MS, Psychological Science**  
SUNY New Paltz, NY (2021)  
GPA: 3.9/4.0

**Thesis:** "[I Feel, Therefore I Am: Generational Differences in Moral Processing Styles](#)"

(Advisors: Glenn Geher, Tabitha Holmes, & Matthew Wice)

**BA, Sociology with a concentration in Human Services. Minor in Religious Studies. Honors Program.**  
SUNY New Paltz, NY (2017)

## CURRENT EMPLOYMENT

**2020 - Present: Communications Manager at Heterodox Academy**

- Editor of [heterodox: the blog](#) (have helped publish over 50 articles).
- Co-creator and Host of [Heterodox Out Loud](#) (with over 25 published episodes, and 80K+ downloads)
- Management of all external communication channels including Twitter, FB, IG, LinkedIn, and YouTube (with over 80K followers)
- Video Production (Project manager coordinating with [Votary Films](#) to produce six [brief promotional videos](#))
- Supervisor and contract management

*Additional Tasks Include:*

- Paid social media and other external advertising
- Copyediting, branding, and messaging
- Google Ad campaigns
- Metrics management and reports

**2020 - Present: Research Assistant to Jonathan Haidt, Social Psychologist**

- Website management, research compilation, data analysis, and YouTube management. I help manage the following reviews:
  - Haidt, J., & Twenge, J. (2021). [Social media use and mental health: A review](#). Unpublished manuscript, New York University.
  - Haidt, J., & Twenge, J. (2021). [Is there an increase in adolescent mood disorders, self-harm, and suicide since 2010 in the USA and UK? A review](#). Unpublished

## TECHNICAL SKILLS

**Statistics/Research:**

SPSS Statistical  
Software, Jamovi

Qualtrics

**Developing Skill Set:**  
R-Studio

**Misc. Platforms with Proficiencies:**

MailChimp

Salesforce

Dropbox

Cyberduck, Filezilla

Excel, Word, Powerpoint

Canva

ProTools Audio Software

Wordpress Design

Wix

Social Media

Management (YouTube,

Twitter, Facebook,

Instagram, LinkedIn)

Strong professional and public writing

## AWARDS

*Presidential Award for Outstanding Achievement in Sociology and the SUNY*

*New Paltz Honors Program*

*Magna Cum Laude Graduate*

- manuscript, New York University.
- Haidt, J., & Bail, C. (2021). [Social media and political dysfunction: A review](#). Unpublished manuscript, New York University.

## PEDAGOGY

**2020 - 21: Lead Teaching Assistant, Psychology (SUNY New Paltz)**

- Psychological Statistics

**2020: Lead Teaching Assistant, Sociology (SUNY New Paltz)**

- Sociological Statistics

**2019: Teaching Assistant**

- Evolutionary Studies Seminar

## PUBLISHED WORK

### *Journal Articles*

Geher, G., Planke, J.A., Durso, G., Di Santo, J.M., Goldstein, A., Akhmadi, F., Griffin, M., Primavera, N., Rausch, Z., Rodriguez, K., Thompson, G., Weintraub, J. (2020). [Dark parenting: parents who score as high in the dark triad demonstrate non-authoritative parenting styles](#). *Evolutionary Studies Consortium*.

Rausch, Z., Weintraub, J., & Rodriguez, K. (2019). [Clogged ears and loud mouths: The ape that understood the universe. A review](#). *Evolutionary Studies Consortium*.

### *Current Research*

Haidt, J., & Twenge, J. (2021). [Social media use and mental health: A review](#). Unpublished manuscript, New York University. [Helped develop this review]

Haidt, J., & Twenge, J. (2021). [Is there an increase in adolescent mood disorders, self-harm, and suicide since 2010 in the USA and UK? A review](#). Unpublished manuscript, New York University. [Helped develop this review]

Haidt, J., & Bail, C. (2021). [Social media and political dysfunction: A review](#). Unpublished manuscript, New York University. [Helped develop this review]

Rausch, Z., Redden, C., & Geher, G. (in limbo). The value gap: How gender, generation, personality, and politics shape the values of American university students.

## PUBLIC WRITING AND ENGAGEMENT

Host of [Heterodox Out Loud](#): A biweekly podcast that brings thought-provoking ideas from leading figures in higher education.

Featured episodes:

- [True Diversity Requires Generosity of Spirit](#), with Jonathan Haidt
- [Mill Still Matters Today: Free Speech in the 21st Century](#), with Richard Reeves
- [Constructing Campus Crazy](#), with Donald Moynihan
- [Diversity Training Doesn't Work. This Might.](#) With Musa al-Gharbi
- [White Fragility is Not The Answer. Honest Diversity Is.](#) With Irshad Manji

Rausch, Z. (2020, Feb. 18th). [Gendered values in higher education. The elephant in the ivory tower](#) [guest writer]. *Psychology Today*.

Rausch, Z. (2018, June 20th). [Good reads: The ape that understood the universe will challenge and delight readers of all stripes](#) [blog post]. *Society for Personality and Social Psychology: Character and Context Blog*.

## MISCELLANEOUS PUBLICATIONS

Wilson, D.S., Geher, G., Mativetski, H., & Gallup, A. (2019). [Darwin's roadmap to the curriculum: Evolutionary studies in higher education](#). New York: Oxford University Press. [given acknowledgement in the book for my editing].

Projansky, M. (2019). [I don't know, I love: A memoir](#). (Transcribed and Edited by Rausch, Z., Ottoway, J., & Mayo, F.). *Epigraph Books*.

Rausch, Z. (2017). [Louie Hershberg Stories \(sections 1 - 6\)](#). Audio Recording and Editing of Local Immigrant Families for the Burlington Edible History Food Tour. Retrieve from: <https://www.burlingtonediblehistory.com/stories.php>

## CONFERENCES & PRESENTATIONS

Rifkind, J., Rausch, Z., & Ferguson, M. (2020). *The effect of phosphate group manipulation on E. Coli adhesion levels*. SUNY New Paltz Student Research Symposium.

Rausch, Z., Rodriguez, K., & Weintraub, J. (2019). *Clogged ears and loud mouths: The ape that understood the universe. A review*. SUNY New Paltz Student Research Symposium.

Geher, G., Planke, J.A., Durso, G., Di Santo, J.M., Goldstein, A., Akhmadi, F., Griffin, M., Primavera, N., Rausch, Z., Rodriguez, K., Thompson, G., &

Weintraub, J. (2019). *Dark parenting: parents who score as high in the dark triad demonstrate non-authoritative parenting styles*. SUNY New Paltz Student Research Symposium.

Rausch, Z., Rodriguez, K., & Weintraub, J. (2019). *Clogged ears and loud mouths: The ape that understood the universe. A review*. New England Evolutionary Psychology (NEEPS) Conference.

## **PRIOR WORK EXPERIENCE**

**2020: Research Assistant, Ferguson Biochemistry Lab (SUNY New Paltz)**

- Conducted research on the predation behavior of *Bdellovibrio bacteriovorus* using atomic force microscopy

**2019 - 21: Research Assistant, Social Development Lab (SUNY New Paltz)**

- Conducted cultural research on children's perceptions of agency and conformity.

**2018 - 19, 2021: Research Assistant, Evolutionary Psychology Lab (SUNY New Paltz)**

- Conducted research on parenting behavior, viewpoint diversity, and more.

**2016 - 17, 2019 - 21: Yoga Instructor (SUNY New Paltz Athletics and Wellness)**

- Taught bi-weekly Vinyasa, Yin, and Kripalu-based Yoga classes

**2019: Head Yoga Teacher Trainer (SUNY New Paltz)**

- Led a 20 hour yoga teacher training for undergraduate students.

**2018: Direct Care Worker, Woodstock Manor Community Residence (Woodstock, NY)**

- Direct care worker: leading therapeutic groups, educational classes, lead cook, and medication administration

**2018: Direct Care Worker, Academy House Community Residence (Poughkeepsie, NY)**

- Leading yoga classes, therapeutic groups, and cooking

**2017: Contractor, Playback Theatre**

- Non-profit donor relations, funding solicitations

**2014-2016: Expedition Instructor, Wilderness Based Therapeutic Program (State of CT, Department of Children and Families)**

- Led 1-20 day expeditions; Worked as logistics coordinator and rock climbing instructor

## INTERNSHIPS

### **2017: Project M.O.R.E Transitional Housing (Poughkeepsie, NY)**

- Completed intakes and psychosocial histories of adult residents at an alternative incarceration program for people with addictions; observed resident rehab meetings

### **2016: Sound and Story Media Project (Hudson Valley, NY)**

- Sourced community members, conducted oral histories, and produced short audio stories. Ran PR using facebook to promote the non-profit audio recording oral-history organization.

### **2015: The Astor Home for Children and Families (Rhinebeck, NY)**

- Led activities for youths at the NY State residential treatment center for children with psychiatric illnesses.

### **2014: Hudson Valley Sudbury School (Kingston, NY)**

- Worked with children ages 5-18 through experiential learning at this unique alternative school.

## COURSE HIGHLIGHTS

General Biology I and II, General Chemistry I and I, General Physics I, ANOVA, Regression, Cultural Psychology, Social Psychology, Evolutionary Psychology, Quantitative Research Methods, Qualitative Research Methods, Developmental Psychology, Intellectual History of 20th Century Europe, History of Modern Europe (1500 - Present), Early American History (1492 - 1776), Social Inequality, History of South East Asian Buddhism.

### **2015: Semester of Buddhist Studies, Bodh Gaya, India**

- Independent Study Research Project: Acceptance in Distress: PTSD in Tibetan Buddhist Communities

## ADDITIONAL HIGHLIGHT

A selection of personal writing can be seen [here](#).